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Garden centres prepare to spring into action

by ZACHARY ROMAN
Times Staff

On May 6, Ontario Premier Doug Ford announced garden centres and nurseries could reopen to the public as of May 8, provided they follow the same safety measures that grocery stores and pharmacies are currently required to. Ever since the government mandated closure of non-essential businesses, garden centres and nurseries had been allowed to operate via curbside pickup and delivery only.

Sue King, owner of Pine Reflections garden centre and gift shop in Carnarvon, had a long list of preparations to make before she could reopen – which included adhering to three pages' worth of compliances required by the Ontario government. "We are installing suspended Plexiglas to protect the cashier," said King. "We have a portable hand washing station going to be set up out front."

And that was just the beginning.

"We are making directional arrows in the garden centre so there'll be a flow, there will be actually an entrance and an exit," said King, who also has purchased a remote con-

see VEGETABLE page 2



Readyng for market

Andrew Graham and Shannon Blanchard of Graham's Farm Market examine their beefsteak tomatoes planted on Jan. 24 inside their greenhouse in Minden. They are expecting to harvest the tomatoes on June 1. The farm also sells a variety of seasonal produce such as spinach, lettuce, cherry tomatoes, and other items such as free-range eggs. Their tomatoes will be available at local grocers for purchase including as part of meals served at the Heather Lodge. /DARREN LUM Staff

Province reopens parks for day use

by CHAD INGRAM
Times Staff

This week the provincial government is reopening its parks and conservation reserves

for limited day use, while camping remains prohibited.

While the government had previously announced that provincial parks would remain closed until at least May 31, last week it announced that some parks and reserves would reopen for restricted use on Monday, May

11, with the remainder reopening in the same fashion on Friday, May 15.

According to a press release from the province, activities will be limited to walking, hiking, biking and birdwatching, and access to all parks will be free until the end of the

see PARKS page 3



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Vegetable demand up at garden centre

from page 1

tactless payment system for outside of the store – so that vulnerable populations or those who are immunocompromised don't even have to go in. If you do go inside though, King said the checkout there has tap payment, as is mandated by the government.

As for the gift shop, King said Pine Reflections is placing red markers two metres away from each other on the floor and limiting the number of people allowed in the gift shop at one time.

"We live in a great [place], we live in the Haliburton Highlands. So most of us help each other, we're understanding and [customers] are willing to comply with whatever we do to make this a safe thing," said King.

While COVID-19 has presented challenges for King and her business, there is a silver lining to it all. She had to double the order of vegetables she usually brings in from Holland Marsh because people have had the time to garden. "They're going to try a raised garden, make their own food or at least be able to supplement groceries, what a great thing to do," said King. "I'm telling people, this is the time, all that stress and energy, give it to Mother Earth."

For King, the mental health aspect of digging in dirt and growing flowers is second to none and she said she wants to get people digging and trying new things. "When you live in constant fear and stress, you need some help to get out of that mindset. So looking at flowers, even a small garden lifts the spirit and people are realizing that more and more," said King. "We can't all ride bikes, you know."

Smaller garden centres have also had to deal with adversity and changes due to COVID-19.

Based out of Highland Grove, Melanie Lewis is known as "The Northern Gardener." And that's the name of her garden centre, which is run at her home property there. Lewis grows

all of her own plants.

Right now, she has about 400 tomato plants in her basement under lights. "I usually go to the farmer's markets [to sell them] and I don't think I'll be able to this year," said Lewis. She is concerned because she usually does the most sales at farmer's markets, which will likely not be running this summer due to the COVID-19 pandemic.

While Lewis still gets "an awful lot" of calls from people who want to buy directly from her home garden centre, she said it won't match the volume of customers she gets at the farmer's market.

"I grew my same amount that I would normally grow every year and now I don't have a market for it," said Lewis. "So I'm not sure what's going to happen."

As far as safety measures go, Lewis said her garden is very open, so you don't have to get close to anyone. "My aisles are big and I placed my tables very far apart, so it's not a problem here at all," said Lewis. "And I have a self serve so you don't even have to see me if you don't want to. I have a box outside that if somebody wants to buy something, they can drop the money in the box and take it."

The *Minden Times* reached out to the Fort Irwin Cottage & Garden Centre but they did not respond in time for publication. In a Facebook post, Fort Irwin Cottage & Garden Centre said they have "regretfully decided to not open the garden centre and the gift store during these difficult times of COVID-19 with the government restrictions of curbside buying, etc... in place. Unfortunately, purchasing of flowers and other plant materials 'curbside' is a difficult way to conduct business. As far as the retail store, we cannot safely protect the products in our store which ultimately will affect the safety of all our customers and staff. Through Vince Hammond Trucking, we will provide pick-up and deliveries of our bulk material but the times & days will be limited."



Cindy, the gift store manager at Pine Reflections, stays safe during reopening by wearing a mask and standing behind a Plexiglas screen. /Submitted by Sue King

Summer preparations begin at marinas

As of May 4, the provincial government gave the go-ahead to marinas such as Harper Powersports and Marine - Haliburton to begin their preparations for the recreational boating season, which can include service to boats and watercraft. Businesses must adhere to strict public health measures while doing so, but will remain closed to the public. The marina is located on County Road 21. /DARREN LUM Staff



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Parks open, campgrounds remain closed

from page 1

month. On Monday, 520 parks and reserves reopened for day use, and the remaining 115 will be reopened Friday.

Park campgrounds remain closed, as well as all other facilities including washrooms, water taps, playgrounds and beaches.

"People are eager to enjoy the warmer weather, stretch their legs and reconnect with nature," Minister of the Environment, Conservation and Parks Jeff Yurek said in the release. "In consultation with our health experts, we're working to slowly phase-in the opening of Ontario Parks in a measured way to ensure the health and safety of visitors and staff. People should take note that not all amenities will be open and plan accordingly."

Anyone using a provincial park is also encouraged to continue to practice physical distancing.

"As we continue to make progress in our fight to stop the spread of COVID-19, we are carefully and cautiously reopening the province, starting with certain businesses and retailers, and now our provincial parks and conservation reserves," Premier Doug Ford said in the release. "I encourage people to get out and enjoy the outdoors, but please do so in a responsible way. Practise physical distancing and follow the rules set out by health care officials to stop the spread of this virus."

Arena construction resumes

by CHAD INGRAM
Times Staff

After being put on pause for a month following restrictions from the provincial government amid the COVID-19 outbreak, construction on Minden Hills' arena project resumed last week.

"Individuals wishing to access the rear of the facility are asked to be mindful of this increased activity, and to take extra care and precautions when walking or driving in this area," reads a release from the Township of Minden Hills.

The provincial government has been easing restrictions on

what types of construction projects are permitted during the ongoing COVID-19 pandemic, and this week allowed more businesses to begin operating by curbside pickup, and also reopened provincial parks and conservation reserves for some day uses.

The original construction schedule for the project – which includes a new arena with six change rooms, office space for community services staff, and gymnasium with elevated walking track – was to see it completed for the end of the summer, before the 2020/21 ice season. However, projections prior to the COVID-19 crisis had been that the facility would be completed in June. With a price tag of nearly \$13 million, it is the largest capital project in the township's history.

Updated guidance on visiting local emergency departments

Guidance related to access to emergency facilities in Minden and Haliburton has been updated by Haliburton Highlands Health Services.

The Haliburton emergency department is now open to accept all emergency and urgent care needs, including for those who have COVID-19 symptoms.

The Minden emergency department remains open to accept all emergency and urgent care needs, but those with COVID-19 symptoms should expect to be re-directed to the Haliburton emergency department.

In case of an emergency, call 911 and if you have symptoms of COVID-19, let the dispatcher know of those symptoms. For those who have COVID-19 symptoms, but do not require emergency services, go online to the self-assessment tool at Ontario.ca/coronavirus or call Telehealth Ontario at 1-866-797-0000. Those requiring testing will be directed to the Haliburton County COVID-19 Community Assessment Centre in order to schedule an appointment.



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DISCLAIMER

The information provided on this page is considered current and valid as of May 8, 2020.

While the Township of Minden Hills works diligently to provide the public with the most current information regarding service provisions and reductions during the COVID-19 pandemic, we are aware that, due to the rapidly evolving nature of outbreak, information can, and may, change on a daily basis. The public is strongly encouraged to refer our website at www.mindenhills.ca for current and up-to-date information. Anyone unable to access the website can call 705-286-1260 or email admin@mindenhills.ca for assistance.

VICTORIA DAY HOLIDAY WEEKEND

With the Victoria Day holiday weekend fast approaching, the Township of Minden Hills understands the difficulties many of us will have in celebrating what is normally a highly social holiday, in a much more private and subdued way during the COVID-19 pandemic. Your continued efforts to maintain social and physical distancing during this time are genuinely appreciated, and will have a significant impact on the safety of you, your family and friends, and our community.

A reminder of the following:

The use of Fireworks is not permitted at this time.

The MNRF provincial Fire Ban remains in effect.

Council and Staff would like to thank everyone for their efforts and actions to help flatten the curve and to wish everyone a very safe and enjoyable Victoria Day holiday weekend.

And for those who provide essential Health Care and Frontline Services, and who are not able to celebrate this holiday weekend in their traditional way, THANK YOU so very much for everything you've done and will continue to do to keep us well.

Please note our Administrative Call Answering Services will not be monitored on **Monday May 18th** during the holiday. If calling on this date, please leave your name, number and reason for your call as answering services will resume on **Tuesday May 19th**.

COOKING

The Minden Hills Fire Department and the Township of Minden Hills would like to remind everyone that; Careless cooking is the number one cause of home fires in Ontario. Most of these fires start because pots and pans are left unattended on the stove. If you must leave the kitchen when you are cooking, turn off the stove. While cooking, always keep a large lid nearby. If a pot does catch fire, slide the lid over the pot, then turn off the stove. **A message from the Minden Hills Fire Department.**

ARENA CONSTRUCTION PROJECT

The Township is pleased to advise that the S.G. Nesbitt Memorial Arena Renewal Project has resumed, effective Wednesday, May 6, 2020.

Individuals wishing to access the rear of the facility are asked to be mindful of this increased activity, and to take extra care and precautions when walking or driving in this area.

HOUSEHOLD HAZARDOUS WASTE EVENT DAY

The first Hazardous Waste Collection Event at the Scotch Line Landfill has been postponed to Saturday, **June 6th, 2020** from 8am-11:30am. Please note, attendees will not be allowed to exit their vehicles at the hazardous waste table – **remain in your vehicle and a staff person will unload your materials.**

VIRTUAL COUNCIL MEETINGS

As a result of the COVID-19 (Coronavirus) outbreak, all Council and Committee of the Whole meetings will be conducted virtually via web conference; and Closed Session meetings via teleconference, until further notice.

Meetings are held virtually, starting at 9:00 AM in the Minden Council office, 7 Milne Street. The schedule of upcoming meetings are:

May 14 - Committee of the Whole Council Meeting
Mar 28 - Regular Council Meeting

During this unprecedented time, the health and safety of our community is of paramount importance. Members of the Public are invited to observe Council proceedings by joining a live-stream link available on the township website at www.mindenhills.ca/council/ or by using the direct link provided in the notice. We encourage those wishing to view the meeting to also download the agenda, as it will not be displayed during the streaming process. Meeting agendas can be downloaded by visiting our website at www.mindenhills.ca/council/.

Please note the live-stream link provided for each meeting will only be activated while Council is in session.

TOWNSHIP SERVICE PROVISION REDUCTIONS

A reminder that all Township facilities remain closed to the public, until further notice. Administrative call answering services will remain available between the hours of 8:30 AM and 4:30 PM Monday to Friday, 705-286-1260 listen carefully to the full message and follow the message prompts or email admin@mindenhills.ca.

Please provide your name, contact information (phone and/or email) and a clear and brief message regarding the reason for your call.

The public can be assured that essential services will be maintained as much as possible.

We are asking the public to restrict inquiries to Township priority requests only and please understand that it may take longer to reply to messages as Staff handle increased phone and email inquiries.

We are also asking the public for their patience during this time and to observe our request to contact the Township for municipal related inquiries by the following methods only:

Telephone: 705-286-1260 listen carefully to the full message and follow the message prompts

Email: admin@mindenhills.ca

Please do not call or email the various Departments or their related extensions or submit inquiries through the Minden Hills website Contact Us form.

If you are aware of anyone who is not adhering to the Government's order which prohibits organized public events and social gatherings of more than five (5) people, or who are not practicing appropriate physical distancing; you are encouraged to contact your local police department or the OPP at 1-888-310-1122 or online by visiting opp.ca/reporting.

For a complete list of all Township service provision reductions, please go to: www.mindenhills.ca/covid-19-information/

Returning cottagers asked to scale back activities

by JENN WATT
Editor

Residents returning to their cottages are being asked by Premier Doug Ford and municipal politicians to enjoy the long weekend in a more low-key fashion.

No big gatherings, no outdoor fires, no fireworks.

Although seasonal residents were never banned from visiting their properties, advice from the provincial government had asked that they avoid doing so to control the spread of the coronavirus and to limit demand on rural health-care systems and grocery stores.

On May 7, the premier released a message following a conference call with cottage country municipal leaders, asking that those returning to their secondary properties continue to practice COVID-19 protocols and do what they can to reduce their impact on area services.

"We are still battling a terrible virus, so we are asking seasonal residents travelling to their cottages to practice the same public health measures as usual, including no public gatherings, avoiding nonessential travel as much as possible, and continue to practice social distancing," Ford said in a prepared statement.

While seasonal residents were given guidance on returning, Ford asked that tourists continue to postpone their visits to cottage country.

"I know Ontarians are eager to enjoy the great outdoors, but there will be plenty of long weekends to come. Right now, we need to focus on doing everything we can to protect the health and safety of all Ontarians. We're all in this together and together we



Premier Doug Ford and key members of his cabinet met via conference call with more than 180 cottage country municipal leaders invited last week to discuss issues related to seasonal residents. Ford subsequently gave cottagers the go-ahead to return to their properties, but asked that they continue to observe coronavirus protocols such as limiting gatherings to five people or less, physical distancing, and not travelling more than is necessary. From left, Economic Development Minister Vic Fedeli, Ford, Deputy Premier Christine Elliott, and Finance Minister Rod Phillips. /Photo supplied

will beat COVID-19," he said.

In Haliburton County, municipal leaders are offering a welcome to seasonal residents, while reiterating the importance of physical distancing and scaling back the size of any

planned gatherings.

"Bring supplies and everything you might need with you, practice physical distancing, don't travel unless you consider it to be absolutely necessary and refrain from

congregating in numbers over five. Respect the guidelines that have been set out by the province to protect the health of not only yourself, but others around you," Haliburton County Warden Liz Danielsen said via email. "We also ask our visitors to remember that now is not a time to let our guard down. Health officials continue to warn that the number of asymptomatic people continues to be much larger than any of us realize and keeping our numbers down remains extremely important."

Danielsen was on the call with the premier last week, which she said offered a window into the varying opinions from across the province on how to most safely begin to return to a type of normality.

"Opinions on whether or not to loosen restrictions in cottage country for the May 24 weekend varied from those wanting seasonal residents and tourists alike to come to cottage country to those who were much more cautious, asking for opening of restrictions to be delayed for another week or two," she said.

Throughout the pandemic, Danielsen's message to seasonal residents has been to exercise caution if travelling to the county.

"All of the heads of council in the county have been of one voice when we say that we recognize the rights of people who own seasonal homes here in Haliburton," she said. "They contribute significantly to our economy, they pay the same taxes as permanent residents, and we have hesitated to tell them that they cannot come to their homes, to check on them, or to isolate their own families in a place that they feel could be safer

see WARDEN page 5

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Warden discourages ‘finger pointing and accusations’

from page 4

and healthier than being closed in in the city. In fact, we do not have the power to restrict access to the county. We only ask that they acknowledge that our health system here in the county is fragile, and supplies can be limited in some cases.”

Warnings in the past from the premier as well as mayors in other parts of the province that seasonal property owners should stay home, had led to hard feelings and harsh comments on social media over the last several weeks.

Dysart et al Mayor Andrea Roberts referenced the debate in a message to seasonal residents on May 8.

“One of the [early] messages from the federal and provincial governments was to stay away from your cottage, cabin, or second property. It was crucial for travel to stop, even between communities, so health officials could do contact tracing and try to stop the spread of this powerful and devastating virus,” Roberts’s message reads. “We never had any authority to ban travel into or out of our community, and we know some people decided to isolate here in Dysart at their cottage. However, that messaging created some frustration and confusion for seasonal communities, which then led to some very unfair and unkind comments.”

Danielsen said she understood there was worry that an influx of cottagers could bring

an increased risk of COVID-19 cases, and said the municipalities had been putting out consistent messaging about provincial guidelines and best practices. She also referenced unkind comments coming from this concern.

“Remember that we all have equal rights and are going through this struggle together. Finger pointing and accusations will ultimately hurt the reputation that we have all worked so hard to create as, not just a beautiful place to create memories, but a place that truly welcomes visitors year round,” she said.

“I would ask everyone to remember that we all love the Haliburton Highlands equally, whether a full-time resident or a cottager who has returned here for generations. Let’s look forward to the days when we can enjoy the serenity and beauty of this place we all call home in one way or another.”

Roberts had a similar message: “This spring, we welcome back our seasonal residents with open arms but six feet apart. So, get your gardens raked, clean the windows, put in the docks, repair the little things that always need fixing, and plan for the summer ahead. The warmer weather will be here and while the summer of 2020 won’t be the same in the Highlands, it will still be a beautiful, peaceful place where wonderful family memories will be made. We truly are all in this together, so be patient and be kind to each other.



Beginning this week, the Township of Minden Hills is accepting more materials at its landfill sites than has been permitted previously under restrictions put in place amid the COVID-19 crisis. / CHAD INGRAM Staff

MH begins accepting more waste at landfills

by CHAD INGRAM
Times Staff

household garbage and recycling, and at the Little Gull, Iron Mine and Ingoldsby transfer stations, scrap metal will be accepted in addition to household items.

Large items that would normally require tipping fees, such as furniture, are not being accepted at this time.

“We are making every effort to resume normal operations as soon as we can safely do so, and we thank you for the patience and kindness you have shown through this process,” reads a press release from the Township of Minden Hills.

Additionally, a hazardous waste day that had been scheduled for May 16 has been re-scheduled for June 6. It will take place at the Scotch Line landfill from 8 a.m. to 11:30 a.m. Residents attending the hazardous waste day are asked not to exit their vehicles, with staff unloading hazardous waste items. A list of accepted hazardous waste items can be found at <https://mindenhills.ca/environmental-services/landfill-operations/>

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Please just stop it

STRESSFUL TIMES can bring out both the best and worst in people.

Certainly during the COVID-19 crisis we've seen incredible demonstrations of community support and spirit in Haliburton County. We've also seen, for nearly the past two months, an ugly feud that seems to play out again and again on the social media feeds of this newspaper and its sister publication, a feud that is extremely divisive and helpful to absolutely no one.

The impetus for this ongoing public feud seems to have been a letter from the physicians of the Haliburton Highlands issued in March, asking seasonal residents to consider the limited medical resources of the community before deciding to make a visit. To be clear, no one was told to stay away. No one was told they weren't allowed to come to their cottages. Municipalities don't

possess such an authority. At the time seasonal residents were asked, politely, by a group of medical doctors and local governments, as well as the premier, to reconsider coming to cottage country amid the outbreak.

What followed were some angry reactions on our Facebook feeds that can be collectively paraphrased as essentially, "How dare you! I pay property taxes!"

That was followed up by equally unhelpful comments from some year-round residents telling seasonal residents to stay away, and also a number of cases of incorrectly casting baseless aspersions that the few confirmed cases of COVID-19 we've had in the county – there have been seven so far, all resolved – were likely brought here by seasonal residents. And on and on. It's been divisive, vitriolic at times, and supremely unhelpful in a time that is already very stressful for everyone.

It's gotten to the point where I can't



CHAD INGRAM
Reporter

post a seemingly innocuous story to the paper's Facebook page without the feud resurfacing.

A few weeks ago I posted a story about local lake associations donating tens of thousands of dollars to food banks. "Aren't these the same people you have told to stay home?" wrote one commenter.

Last week I wrote a column asking people to support local businesses. The very first response to that column? "After the disrespecting attitude posted on Facebook from some full-time residents I will be getting all the food and supplies I need in the city." That led to another manifestation of the feud.

These are the types of comments that have been littering our social media feeds for the past couple of months. I use the term "litter" very intentionally, since it's useless, inane garbage that is a waste of everyone's time and energy.

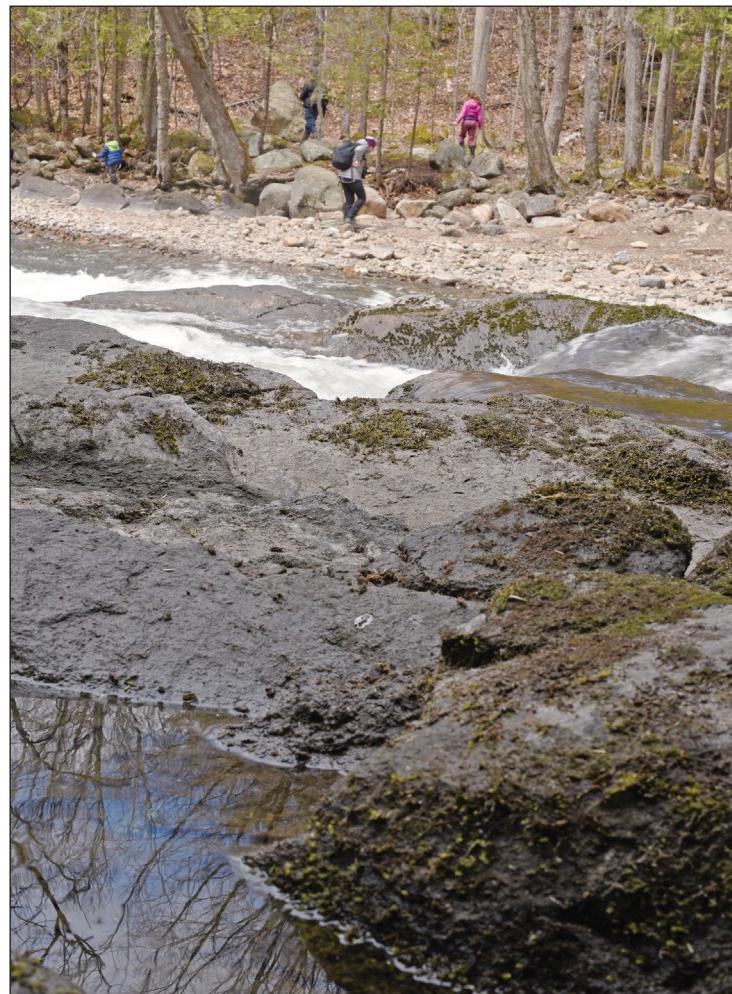
One reader even called on the paper to start moderating an argument, as if it's our job to referee a bunch of adults fighting like children on social media. You know what our job is? To write newspaper stories about the deadly virus that is shaking the fabric of our society. What utterly ridiculous behaviour. Please just stop it.

The messaging from the province and many local governments has since changed, that being, essentially, come to your seasonal property, just exercise caution, so hopefully everyone can get on with their lives now.

As Haliburton County Warden Liz Danielsen has said, "Remember that we all have equal rights and are going through this struggle together. Finger pointing and accusations will ultimately hurt the reputation that we have all worked so hard to create, not just a beautiful place to create memories, but a place that truly welcomes visitors year round."

IN OTHER WORDS

Columns and Letters to the Editor



With the low levels at the Gull River, a family climbs around the boulders and rock shoreline on Sunday, May 10 at the Minden Whitewater Preserve. / DARREN LUM Staff

Let sleeping dogs lie

I ONCE READ that Leonardo da Vinci slept five hours a night – which I find hard to believe since they did not have sleep apps to monitor these things back then. If this is true, however, it was probably because he had a puppy.

This is something that no one tells you when they are trying to coax you into buying that cute little bundle of joy. Yet, it is absolutely the case, which is why I believe puppies should come with the warning label, Caution: Will destroy sleep patterns.

My own puppy Rosie arrived last week and, in that short time, I have taught her how to come when called, go to the potty outside, and retrieve training dummies fairly consistently. In turn, she has taught me never to take sleep for granted again.

Like all new pups, Rosie has only two speeds – full out and sleep. And she does both with incredible enthusiasm.

Don't get me wrong. Unlike our cats, I do not regret welcoming her into our home for even a moment. I love her enthusiasm and the joyful way she tackles every waking moment. Plus, I still harbour dreams of spectacular flushes and amazing retrieves.

I am just hoping I can be fully awake to witness them.

Rosie, I think, has figured this out – and being the considerate pup she is, has started to train me a little so that we can enjoy our time afield together even more.

So I'm happy to say, if the last two days are any indication, I've finally learned to obey the nap command.

Basically, when Rosie wants me to nap, she signals me by sitting on my feet and

whimpering a bit. Then, since I am conditioned to pick her up, I do so. At this point, she looks at me with her big, olive eyes and then nuzzles her little nose under my chin and wiggles to get even tighter to me.

Sensing she is tired, I take her to her dog bed and gently lay her down. Then, I try to slip away as she settles for what I hope is a long nap. But every time I do, she whimpers a little more.

So I lie down beside her and she snuggles closer. Soon I think, "OK, she's getting my body heat and she has settled down. I'll just stay here until she dozes ..."

Half an hour later, Rosie will wake me and reward me for my obedience with a lick on the nose or perhaps a gentle nip on the ear. And the look she gives me says, "Good boy!"

Like all competent trainers, she does not overdo it – at most, this happens three times a day. She is also consistent in the way she implements the command and will not take no for an answer.

Repetition, another hallmark of good training, is something Rosie believes in too. That's why she trains me like this every day and corrects my errors – snoring, for instance – as they occur.

She does all this with a firm and steady paw and never loses her patience or gets frustrated if I don't obey the first time. Instead she just praises me for getting it right when I do. Then, since we just got up, she takes me outside in case I have to go potty.

Rosie, like all puppies, knows you can teach an old dog new tricks. But only if he is tired enough.



STEVE GALEA
Beyond 35

IN OTHER WORDS

Columns and Letters to the Editor

Love and laughter will return

IT'S AT THIS TIME OF YEAR that we celebrate the prominent battles, victories and end of the Second World War in 1945. Last Thursday was the 75th anniversary of VE Day, Victory in Europe Day, ending the war against Nazi Germany.

While we celebrate apart this year, we are fighting another world war – the COVID-19 disease that has infected roughly four million people globally, killing close to 300,000. Those figures will be much higher when all is said and done.

Few of us were alive or old enough to remember what war in the 1940s was like. All we have is the recorded history and some personal remembrances from the dwindling number of those who lived it.

However, my feeling is that the fight back then was more unified, more focused, more determined and less partisan than the COVID-19 war today. Everyone seemed to work together to get through the Second World War; end the fighting and killing and get the world back to normal.

I don't have that feeling about this pandemic. There are no powerfully uniting cultural symbols for fighting the enemy – no Rosie the Riveter, no soaring Churchillian oratory, no Vera Lynn, the "Forces' Sweetheart," singing to comfort the troops.

What we do have is the shocking partisan chaos in the U.S. and in Britain the bravado incompetence of Boris Johnson, who came close to being a dead victim of the coronavirus pandemic.

And, in Canada we have the bland Justin Trudeau on TV daily announcing a new financial handout to groups suffering financially by the pandemic. The financial assistance obviously is needed, but would be nice if accompanied by some stirring thoughts on how we'll work together to beat this plague.

Something like Winston Churchill's speech to the British House of Commons after taking over the government from the weak-kneed Neville Chamberlain:

"Let us therefore brace ourselves to our duties, and so bear ourselves that, if the British Empire and its Commonwealth last for a thousand years, men will still say, 'This was their finest hour.'"

So far it has not been our finest hour. Shortages of personal protective equipment for medical personnel and other frontline workers, plus other shortages and unpreparedness that might have been avoided by paying attention to the recommendations made by the SARS Commission 15 years ago.

Then there are the nursing home deaths. The National Institute on Aging said last week that 82 per cent of Canada's COVID-19 deaths have been in long-term settings. That is not just a national disgrace; it is a sign of corruption in our society.

I'm not saying that Canada's response to the pandemic has been bad. We've done relatively well, but it certainly has not been our finest hour.

Meanwhile, over in Britain the spirit of Vera Lynn is alive and encouraging citizens to carry on the fight. Not only is the spirit alive, so is the lady herself. She is 103 and lives in the East Sussex village of Ditchling, roughly 85 kilometres south of London.

She issued a statement for the 75th anniversary of Victory in Europe Day, noting people will celebrate while being apart because of the COVID-19 pandemic. However, while people would be apart, they should not lose hope.

"I hope that VE Day will remind us all that hope remains even in the most difficult of times and that simple acts of bravery and sacrifice still define our nation as the National Health Service works so hard to care for us."

"Most of all, I hope today serves as a reminder that however hard things get, we will meet again."

That was a reference to her famous Second World War song, *We'll Meet Again*, which struck a positive, emotional chord with soldiers, families and sweethearts.

Just as popular was her (*There'll Be Bluebirds Over*) *The White Cliffs of Dover* song, the 1942 war anthem promising better times to come. Its message is worth repeating in these days of anxiety about whether our world ever will be the same again.

*There'll be bluebirds over
The white cliffs of Dover
Tomorrow, just you wait and see
There'll be love and laughter
And peace ever after
Tomorrow, when the world is free*

letters to the editor

Food banks give thanks to community

To the Editor,

It is hard to believe how different all our lives are today than they were just a couple of months ago. While lots of things have changed one thing has not changed – the generosity of donors. As our community became aware of the needs for assistance, they responded with donations to the food banks.

Over the years, we have been impressed with the generosity of individuals, businesses, organizations and the media in our community. We also wish to recognize the significant response from cottage associations and individual cottagers. It is difficult to express adequately the appreciation from the Haliburton County food banks; Central Food Network (Wilberforce and Cardiff), Minden Community Food Centre and the 4Cs (Haliburton). The donations have helped relieve

the initial financial pressures we felt when so many people began losing their jobs and began turning to us for help. We experienced increased demand but so far it is manageable. It should be noted we have all remained open (with slightly modified processes) and encourage anyone who needs assistance to contact us.

As for the future, just like so many people, we simply are not sure how long the current situation will last or what the ongoing needs will look like. Our plans are to continue to meet the needs to the best of our ability.

Again, on behalf of our clients, thank you for the continued support we receive from our community – especially during these uncertain times.

Central Food Network
Minden Community Food Centre
4Cs

It's not us versus them

To the Editor,

We have a lot of friends both in town and locally on the lake and surrounding neighbourhoods and it's been upsetting to hear that residents are challenging cottagers for using their properties, that there are mumbles under breath in the grocery store or confrontations at the gas station, that "we" shouldn't be here.

My husband and I have been at our cottage – home for seven weeks now. We go back to the city off and on to check our home there. We are in isolation, practice all the protocol and wear both gloves and facemasks whenever we shop or are in a potentially crowded location. I might add that I do not see all local Minden residents doing this – that in our local Foodland we are in fact the minority wearing a mask.

We understand the fear that us folks from the city might bring the virus up, but I want to remind everyone that if you are practicing all protocols no one can bring the virus up, down or anywhere else. We are abiding by our premier's rules to stay home (and yes we consider Minden our home), wear protective wear and to be in no larger group than five people.

We are also particularly sensitive to the fact that we would not overburden the health system here – we would immediately drive home

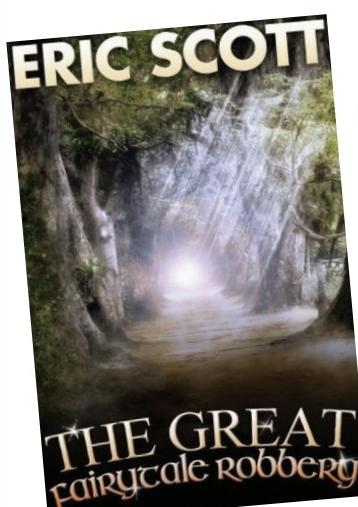
at any sign or symptom that could remotely be COVID-19 related. I would like to say that after 20 years of being here, paying significant taxes on our property, for which by the way we get little to no public services, no water, no garbage, no road, we have seen tremendous changes in the town of Minden. A hospital, the Riverwalk, a new paramedic station, a new fire station. We hope that we can assume that some of this came from cottagers taxpayers' dollars.

I hope that everyone can remember we are all Canadian, we are all entitled to open spaces, to enjoy our lakes, to walk country trails, that it is extremely tough to be in the city, that we are not at our cottage home nor using our cottage home to cause harm in any way. I would like to believe that there is not an us and a them and that residents remember many seasonal cottagers become full-time residents and contribute more to the betterment of everyone's life. For everyone that has been kind and friendly, thank you, for anyone that believes we do not have the same rights as you, please rethink this, we're investing here for tomorrow and for all of our futures and to be a part of Minden's wonderful community.

Jacky Hill
Minden and Toronto

Book of the Month - May

The Great Fairytale Robbery by Eric Scott



When Sarah and her sister Julie switch on the television one day, they don't see the movie that they expect to see. Instead, they see a crowd of their favourite storybook characters, including Cinderella, Puss-in-Boots, Aladdin, Bo Peep and Hansel and Gretel, all calling out to them for help. Eager to set things right, the sisters step into the fantasy world beyond the screen and find themselves involved in a battle of wits against the witchlike Studio Head, whose ambition is to destroy all the books in the world. With the help of Oz, Julie's life-size rag doll, the girls dream up a plan to save the fairy tale people from fading away... much to Studio Head's dismay.

A light and delightful fractured fairytale that's been adapted as a stage musical by LazyBee Scripts, the e-book is also available from HCPL.

Celebrating Nursing Week more important than ever this year

by ZACHARY ROMAN
Times Staff

National Nursing Week is taking place from May 11 to 17 this year and its theme is Nurses: A voice to lead – nursing the world to health. The World Health Organization has designated 2020 as the Year of the Nurse and Midwife in honour of the 200th anniversary of Florence Nightingale's birth. She is credited as the founder of modern nursing and each year Nursing Week in Canada is celebrated from the Monday to Sunday of her birthday, May 12.

Amid the global COVID-19 pandemic, local nurses are embodying the spirit of Nightingale with their bravery, diligence, courage and hard work.

Carolyn Plummer, president and chief executive officer of Haliburton Highlands Health Services, said that it's hard to find the words to express how proud she is of what the nurses she works with have accomplished and how grateful she is for all they are doing amid the stress, anxiety and uncertainty of the current pandemic situation.

"Their resilience during this time has been inspiring. Our nurses, along with all members of our team, have had to find new ways to support one another as we navigate this unprecedented journey," said Plummer. "They have had to work in new spaces that are not the most ideal, and have found innovative ways to make it work; they have tapped into their incredible resourcefulness and have stepped up to the challenge in so many ways, dealing with rapid changes as new information arrives by the day – or even by the hour in some cases – and through it

all they have continued to provide safe, high quality, compassionate care to our patients and residents."

Plummer said nurses play a variety of roles that aren't always obvious, such as developing and implementing safety programs and supporting vulnerable clients in the community. Plummer also said there are nurses in leadership roles who have dedicated countless hours over the past few months to develop and implement plans to help HHHS manage during the pandemic.

"Nurses play a vital role in supporting those in their care. This has become particularly critical during the pandemic, as patients and residents have not been able to have their friends and loved ones visit them in person," said Plummer. "Nurses, along with other direct care providers, care for people when they are at their most vulnerable, bearing witness to suffering and loss as well as moments of joy. Nurses work together with other staff members as part of a team... this is why, during Nursing Week, we celebrate nurses as well as all members of our team – as we are all in this together, caring for our community."

Plummer said she would like to thank the community for all of the support they have already shown to local nurses, HHHS staff, and essential service workers throughout the COVID-19 pandemic.

"The generosity of this community has always been incredible and we are grateful for the ongoing support that we have received," said Plummer. "For those looking to send a message of support to our excellent team of nurses, health care professionals, and important support and administrative staff, please visit haliburtoncares.ca and look for the 'Show Front-Line Workers You Care' form."

Fiona Kelly, chief nursing officer with the Haliburton, Kawartha, Pine Ridge District Health Unit, said she wants to salute the unit's nursing staff – and those across our health-care system – for their tireless efforts to prevent illness, protect against disease and promote healthy living.

"Celebrating the work of nurses is extra appropriate this year too given the current COVID-19 situation," said Kelly. "Nurses are at the forefront of responding to the pandemic in many different health care settings and facilities."

Kelly said that during this pandemic, almost all of HKPR's 42 health unit nurses are actively doing case and contact follow-up with people who are self-isolating after testing positive for COVID-19. Over the phone, they discuss their symptoms, how to self-isolate for 14 days, and what extra supports they need to follow the rules, including arranging to have someone get groceries for them while they're in self-isolation.

Kelly said that those nurses not involved in COVID-19 response are busy maintaining other essential health unit services such as sexual health initiatives, harm reduction programs and administering vaccines. Kelly said these efforts are even more important and complex during COVID-19.

"Health unit nurses also follow up with others who were in close contact with the person who has COVID-19," said Kelly. "By tracking these contacts, nurses can discuss with them any exposure or symptoms they may have, and which precautions they need to take to slow the spread of COVID-19."

Kelly said the work of health unit nurses in response to COVID-19 is not always known to the public. "Our nurses are certainly not as visible as those working in hospitals or other health care settings, but I would argue that the work they do is vital in reducing the spread of the virus in our communities," said Kelly. "That's why I refer to health unit nurses as the 'hidden heroes' of COVID-19."

Kelly said the battle against COVID-19 is not over and will continue for quite some time – but also said we will succeed in large part due to the role nurses are playing in responding to this pandemic.

Kim Robinson, the executive director of the Haliburton Highlands Family Health

Team, said that without their nurses they would be lost. "They are like the rudder steering the ship," said Robinson. "Each one brings something very unique to the team. I would praise each and every one of them for their compassion, support, leadership and skills."

Robinson said that the COVID-19 pandemic has had a significant impact on the family health team's work. Their nurses have been redeployed to work in the assessment centre to screen patients and provide virtual and telephone visits. She said it is a very challenging environment – but that the nurses have adapted and accepted the change with ease and professionalism.

"I think anyone who has attended our clinic knows the value that the clinical team brings. They show compassion while being efficient. They truly care about the patients and their well-being," said Robinson. "This has not changed throughout the pandemic. It has only made it clear that we have a fabulous team of nurses who are willing to support each other, the physicians, continue to provide care, and do whatever needs to be done."

Showing support for health-care workers has become a welcome trend during the pandemic. Robinson said that the family health team's nurses would not want to be singled out for praise. However, if there is a nurse that is special to you, looked after you when you were unwell, or went out of their way to call and check in on you, she said to let them know you appreciate their time and thoughtfulness.

Throughout her career, Robinson said she has been fortunate to work with many wonderful nurses. When her dad was receiving palliative care in hospital, she said she doesn't know where she would have been without the support of the nurses there – and her sister, who is a registered nurse.

"They put us, and dad, at ease and supported dad's wishes. They offered hugs, food, coffee, tea, and an ear. I will never forget them," said Robinson. "My hat's off to all the incredible nurses that I have the daily privilege of working with, those that I have worked with in the past, my sister and nieces, who have all taken on this most challenging, but rewarding vocation."

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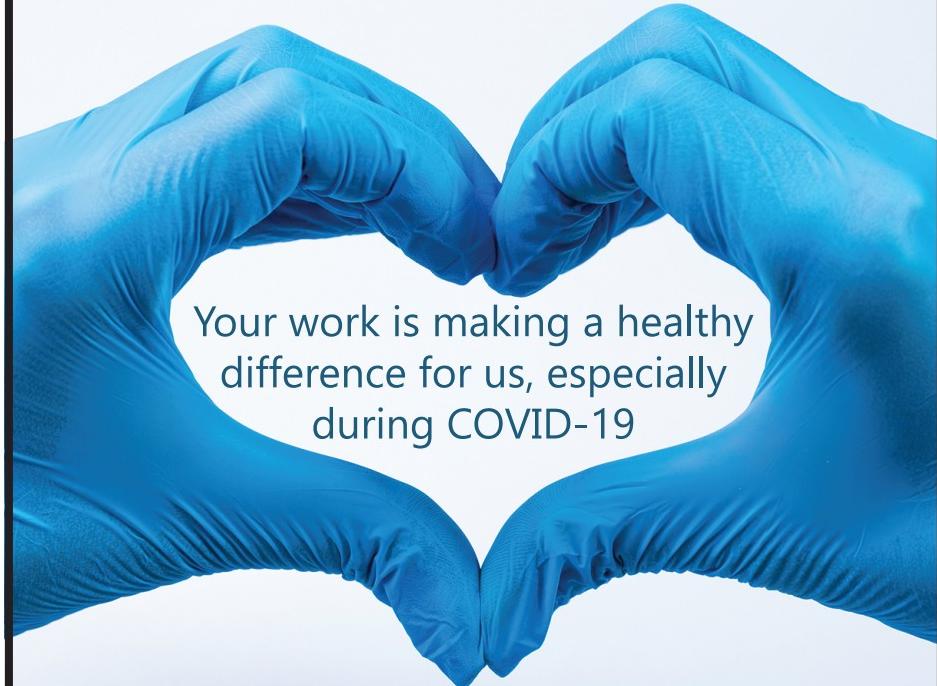
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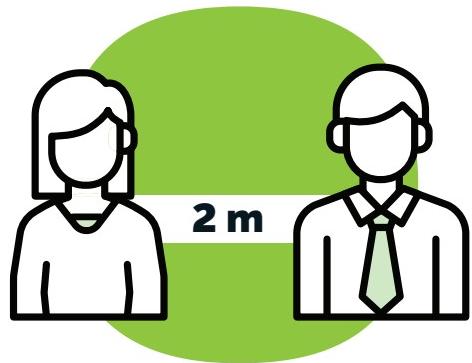
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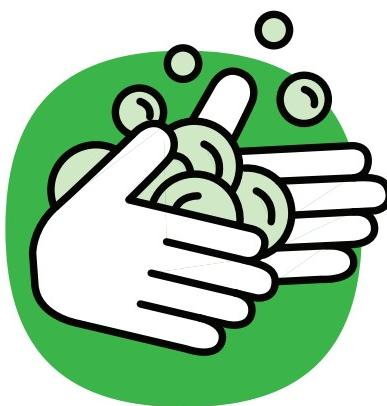
As businesses begin to reopen, we all need to continue our efforts to protect each other.



Practice physical distancing.
Stay two metres away from others



Wear a face covering when physical distancing is a challenge



Wash hands thoroughly and often

Inside or out, stay safe. Save lives.

Chef Chris cooks up community during COVID-19

by ZACHARY ROMAN
Times Staff

On May 2, Rhubarb restaurant in Carnarvon hosted their first takeout night since the provincial government announced that all restaurants can be open for takeout only due to COVID-19. They expected to serve around 25 meals and ended up serving close to 120, while live music from Haliburton's own Nick and Benton wowed the physically-distanced lineup.

It was a welcome busy night for chef Christoph Carl and his wife, Terri Mathews-Carl, who own Rhubarb together. If you weren't able to make it to the first takeout night, don't worry because Chris and his family have been doing something else to keep busy too.

They have been creating their own video series called "Cooking With Chris," where you can get step-by-step instructions on how to create delicious meals in your own home. "There was a call-out through President's Choice to do some cooking at home videos for chefs," said Mathews-Carl. "The kids and I saw it and we were home and we thought he'd be perfect for it."

At first, Carl didn't want to do the videos because he felt a little shy and nervous about it. He'd never done anything like it before. Mathews-Carl and the kids spent two weeks hounding Carl and said at first they thought he did it just to get them off his back. But when the first video was done, he was quite pleased with the results.

Carl's 15-year-old daughter, Ellie, has been having tons of fun filming and editing the videos. And Carl himself has been getting excited thinking about what to make next. "It gave him some excitement about cooking again and what different recipes he could offer that people could do at

home easily enough, but still taste as good as a restaurant," said Mathews-Carl. "It just took off from there. We've had so many people send us in videos and pictures of their family who have made the same meal."

One of those families is Joleen Thomas's, who were familiar with Carl and his restaurant before "Cooking With Chris" started. Rhubarb is the only restaurant in the county they have eaten out at together, as Carl has been able to accommodate Thomas's oldest daughter Olivia's many anaphylactic allergies.

Two of Thomas's kids, 12-year-old Violet Humphries and 10-year-old Tristan Humphries watched a "Cooking With Chris" video and made dinner for the whole family. Thomas's thoughts on the meal? "Oh my gosh, it was so good, it was so great. And they had so much fun making it."

Thomas was impressed that Carl has been giving his free time to the community even though no one can go to Rhubarb and spend their money right now, except by ordering for takeout. "He's giving out something that's still making us feel connected," said Thomas.

Mathews-Carl said that some of the "Cooking With Chris" videos have received upwards of 20,000 views on Facebook. Additionally, the Ontario's Highlands Tourism Organization website has made the video series their Monday feature.

"I think this is a great way for the community to see [Carl]. They're used to popping their head into the kitchen and saying hi to him when they come to the restaurant," said Mathews-Carl. "I think it's just been a really nice way on both sides for him to feel connected and for people to see him and feel like it's all gonna be OK, he's still there and everything's good."

You can find "Cooking With Chris" videos on



Victoria Humphries, left, and Tristan Humphries, right, show off their meal made with the assistance of the "Cooking With Chris" video series. /Submitted by Joleen Thomas



A screenshot from Cooking with Chris.

Long-term care homes are hiring

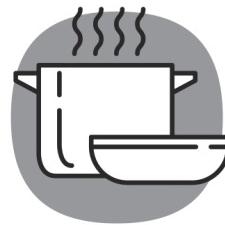
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Food hampers available at Minden food bank

by CHAD INGRAM
Times Staff

Anyone who needs food amid the COVID-19 crisis will be able to get it at the Minden Community Food Bank on Tuesdays and Thursdays and need not be a client of the food bank.

Emergency food hampers, courtesy of Feed Ontario, will be available for anyone who needs them on Tuesdays and Thursdays, starting this Thursday, May 14. The Minden Food Centre is located at 24 Newcastle St. in Minden, and hampers can be picked up between 10 a.m. and 2 p.m. For anyone who needs

assistance, it is asked you write your name, address, phone number and the number of adults and children in your household on a piece of paper to give to a food bank volunteer when picking up hampers.

"No strings attached, we just want to help," food bank manager Joanne Barnes wrote in an email to the *Times*. "There is no need to feel embarrassed – everyone needs a little help sometimes."

Regular clients of the food bank can pick up their emergency hampers along with their weekly grocery order on Mondays and Wednesdays.

Anyone who has problems with transportation can call Barnes at 705-286-6838.

Takeout service helps bridge gap for restaurants

by JENN WATT
Editor

While dine-in service is temporarily unavailable in restaurants in Ontario, the businesses' ability to offer takeout has helped many get through an economically difficult situation – and provide customers with the comfort of their favourite dishes.

In March, the provincial government instructed restaurants to close their dining areas as a way to help limit the potential spread of the coronavirus, but allowed takeout service, later adding the sale of alcohol to permitted activities.

Mark's Restaurant in Minden closed its doors entirely when the first cases were reported in the region. Owner Wilson Lee said the Chinese food restaurant's business had been dropping by between 40 and 50 per cent and some employees had chosen not to work. He said he told his staff that if local cases started to jump, he would close.

"So I actually closed for two weeks," Lee said.

Once all of the cases in Haliburton County were resolved, the restaurant reopened for takeout.

"And after that we now do social distancing, we have got masks, we have Plexiglas partitions, and sanitizers, and gloves. We have most of [the] staff back. This actually has been very busy since I opened back up," he said.

Demand has hit summer levels and Lee said he's short-staffed, which means he has to close one day a week to keep up with preparation work. He said since Mark's Restaurant is already known for its takeout, it's top-of-mind for customers looking for a meal.

He also attributes the increased demand to people receiving their Canadian Emergency Response Benefit for those who have stopped working due to COVID-19.

"I suspect it has to do with all the subsidy programs the government is giving out, especially the CERB, so everybody wasn't afraid they won't have any money, so they're a little more relaxed, so they're coming out to eat a little more," Lee said.

He said he's been hearing positive feedback from customers who are happy he's open for takeout.

At Molly's Bistro Bakery, owner Molly McInerney said her pre-made frozen meals have kept her doors open, though she has lost her dine-in business.

"The restaurant part is extremely dead in comparison, 70 per cent less than [normal]," McInerney said. "... But the bakery part, the frozen food, that's been going really well. If I didn't have that, I'd be closed. It wouldn't be worth my while."

Molly's Facebook page features frozen quiches and lasagna, shepherd's pie and chili, with plenty of sweet treats. She's now offering delivery in the Minden area and said she's done a few of them.

In Minden's downtown, Molly's is one of the only restaurants open, she said: "I would be shut down too, if it wasn't for the bakery part."

For the most part, she is running the business by herself, dedicating her time to the pre-made meals. She said that aspect of her business has increased by as much as 80 per cent.

The Pepper Mill Steak and Pasta House has reduced its staffing and the number of days open per week, adjusting to offering takeout only.

Owner Greg Turner said they've seen demand build since March.

"It started out slow. The first couple of weeks ... we were like 'is this going to be worth it or not?' but I'm glad we persevered and the month of April ended up being not too bad," he said.

The restaurant has kept almost all of its menu items and shares its specials on Facebook with dishes such as striploin steak, steamed Alaskan king crab legs, and chicken parmesan featured recently. They've also continued to offer their popular Wednesday wing night fare.

"Through the week we've been doing anywhere from 40 to 55 orders an evening. On the weekends, it's anywhere from 50 to 60," he said.

Turner said the ability to offer takeout is paying the bills, but he hopes that restaurants are able to reopen in the next month or so.

"Essentially, when you do takeout only, like ours, you're eliminating half of your revenue stream – the entire bar – not just LCBO products, but even someone coming in

and having a glass of Pepsi. You lose all of that," he said. "...As far as the calendar falls, so far, it's not the worst state of affairs. If this gets into June, July, August, that's really going to hurt people around here."



Lemon pies, ready for takeout at Molly's Bistro Bakery. The thaw-and-serve dessert was featured on the Minden restaurant's Facebook page prior to Mother's Day.



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47 Bobcaygeon Road Minden

New tech brings colour to black and white photos of Minden's past

by ZACHARY ROMAN
Times Staff

The Minden Hills Cultural Centre has been using an artificial intelligence program called DeOldify to restore old photographs with colour, then posting them to Facebook for the community to view from the comfort and safety of their own home.

Shannon Quigley, curatorial programming assistant at the centre, is in charge of this new initiative. As of May 12, there were 27 photos in the centre's "History in Colour" album. Quigley said that she will be posting new colourized pictures every Tuesday, Thursday and Saturday until the end of May.

"When I saw this digital program for colourizing images, I thought it would be a great way to enliven the museum's collection of historic photos," said Quigley. "COVID-19 has prompted a lot of cultural institutions to embrace new and creative ways to make collections available online. We're using Facebook and our new blog to give people ways to enjoy and get inspired by museum collections at home, while feeling connected to their community."

Quigley said that people have been using paint to add colour to black and white pictures since photography was invented. However, DeOldify relies completely on artificial intelligence. The computer decides what the colours should be based on information it can read in the photographs. They aren't always 100 per cent accurate, but Quigley said they

have a magical quality that draws you in and sparks the imagination.

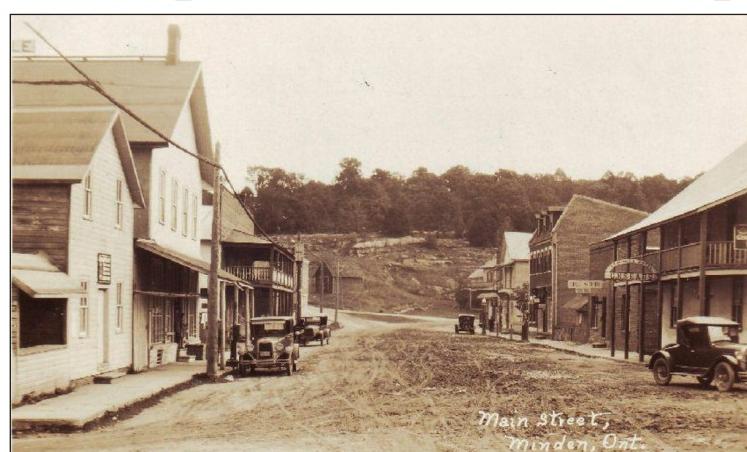
"I like how adding colour gives us a new view of an old scene and encourages us to look at the photographs more closely," said Quigley. "There's also been a bit of a debate about which is better – black and white, or colour."

One Facebook commenter, Fay Wilkinson, said "I have to say, there is something about the black and white pictures that the colour seems not to capture." Another commenter, Daniel Manley, said "the colours bring it totally to life! Wow."

Some Facebook commenters have even expressed interest in buying copies of the coloured photos. Quigley said the cultural centre will look into this once they reopen to the public and can scan the photos at a higher resolution.

"Museums and galleries have relied on having a physical space – a place where people can see an exhibition with friends and then chat about it in the café. We're spending more and more of our time online and these conversations are moving online too. If museums want to be part of the conversation, we need to find ways to do that online," said Quigley. "That's why I think the comments section on Facebook is so great. It's just like turning to the person next to you in a museum and striking up a conversation. When people start chatting with each other in the comments section, you know you've succeeded in enabling people to connect with those around them."

Quigley said she likes how putting con-



Minden Main Street, 1920s. Collection of Minden Hills Museum & Heritage Village 2009.17.12- Comparison. Colourized with DeOldify. /Submitted by Shannon Quigley



tent on Facebook makes the museum part of people's everyday lives and that it's been really nice to see people sharing their love and knowledge of local history. Quigley said commenters were quick to pick up on details in the photos and relate them to their own family stories and memories of Minden.

"The goal behind these digital projects is

to allow people to enjoy and get inspired by the museum's collection from home and feel connected to their community," said Quigley.

If you want to connect with the Minden Hills Cultural Centre, or see their updated collection of colourized photos, check out <https://www.facebook.com/mindenculturalcentre>.

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			3	4	8			
1	2			5				
	8	4	1		7			
7		6	5	8				
					2	3		
2		7	1			6		
6	2	4	8				5	
4	1	2		6				
	3	9			4			

Level: Beginner

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Answers on page 15

Haliburton
COUNTY OF
ONTARIO, CANADA

Little Hawk Lake Road Bridge Replacement

The Little Hawk Lake Road Bridge will be undergoing replacement commencing May 19, 2020. The work will continue for approximately 5 weeks.

During this time Little Hawk Lake Road will be closed at the location of the Bridge Repair. Travelers must use the Braeloch Road route to access beyond #1705 Little Hawk Lake Road.

We apologize for any inconvenience that this may cause. If you have any questions or concerns, please contact:

Pam Weiss,
Administrative Assistant
County of Haliburton Public Works Department
pweiss@county.haliburton.on.ca 705-286-1762 x 225

(See map for reference)



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Archie Stouffer Elementary School Learn@Home program

Mr. Mardus's 3A class

Mr. Mardus's students in 3A have been busy helping out in the kitchen as part of their Learn@Home program. Cooking and baking helps children develop their literacy skills (reading a recipe) and math skills (estimating and measuring). And of course, it's always fun when you get to eat your homework!



Blake Hutchinson



Elyse Kernohan



Brycen Harrison



Colten Simms



Hunter has been busy with both "school" work and "home" work, and he's been quite successful with both, writes teacher Ms. Henriques.



Tyler Hughes



Caelin Stevens



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8:00am - 11:30am

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June 6

NEW DATE!

Maple Lake Landfill

Scotch Line Landfill

June 20

Dorset Transfer Station

Scotch Line Landfill

August 8

Oxtongue Lk Landfill

Scotch Line Landfill

Sept 5

Dorset Transfer Station

Scotch Line Landfill

October 10

Maple Lake Landfill

Hazardous wastes are ONLY accepted at Waste Disposal Sites on the dates and times listed above.

TYPES OF MATERIALS ACCEPTED:

- Paint (latex & oil) • Aerosols • Varnish • Glues, sealants • Gasoline & Oils
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NEW! You will not be permitted to exit your vehicle to drop off materials. Staff will retrieve materials from your vehicle. Please be sure to place materials for disposal in a distinct and easily accessed location in your vehicle. Please ensure all containers are sealed and labeled.

Containers cannot be emptied and returned to you.

Algonquin Highlands residents can find more information at www.algonquinhills.ca

Minden Hills residents please visit www.mindenhill.ca

Space provided through a partnership between industry and Ontario municipalities to support waste diversion programs.

Stamina

IT WAS JIMMY CONNORS who gets credit for the “use it or lose it” quote. When it comes to stamina, both mental and physical, that statement is true. COVID-19 lockdown has changed so much for us. For people who are not on the frontlines there has generally been a decrease in physical activity.

Take a moment and think about it and how you are moving differently prior to this life altering situation.



LAURIE SWEIG

Practical Fitness

Many of my online training clients are showing signs of decreased physical stamina. The workouts with me are still happening but it's the other daily activities that are missing. All of the incidental movement that we don't think about. The walk to the car or even to work. The time that is spent moving around the office. Or how about that spontaneous thought to walk a block to get a coffee? It's all on hold for now, but it has to be replaced so you don't cough up a lung climbing a staircase that never bothered you in the past.

Here are some ideas:

- If you have a fitness tracker put in on.
- If you are wearing a fitness tracker set a step goal that matches or exceeds what you were doing prior to the lockdown. AND – activate that “you've been sitting too long” reminder to buzz and don't ignore it.
- Walk – around the block, your neighbourhood or your house. Walk fast, walk slow, forward, backward, sideways or skip ... just move.
- Climb the stairs or a hill anywhere that you can. Up and down. It's the most boring thing ever but it's better than the alternative that comes with being out of shape.
- Get up and down from the floor. Those of you who know me will say “you're trying to sneak in burpees again, aren't you?” Yeah, I am. But just watch what happens to your heart after doing that a few times in row.

All of the above and anything else you can think of.

The biggest obstacle to overcome in doing any of this is actually doing it. We do love our routines, and they have been busted up right in front of our eyes. All I can say is make the best of this. Your body wants to move. Get out your calendar now and schedule “moving” sessions as appointments. It doesn't matter if it's two minutes or 20 minutes. As the folks at Nike like to say: Just do it!

Something to think about.

Laurie Sweig is a certified personal fitness trainer and spinning instructor. She owns and operates The Point for Fitness. She can be reached at laurie@thepointforfitness.com.

SUDOKU SOLUTION

9	6	5	3	7	4	8	2	1
1	2	7	8	6	5	4	9	3
3	8	4	1	9	2	7	5	6
7	3	6	5	2	8	9	1	4
5	1	8	6	4	9	2	3	7
2	4	9	7	1	3	5	6	8
6	9	2	4	8	1	3	7	5
4	5	1	2	3	7	6	8	9
8	7	3	9	5	6	1	4	2



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We would like to offer our appreciation and thanks to all those vendors, musicians, sponsors, and supporters of the Haliburton Highlands Food and Beverage Showcase in the past 6 years.

We won't be carrying on as a food festival at Wintergreen Maple, but we will continue to fund-raise for H.A.V.E. in different formats.

If you would still like to contribute to H.A.V.E. (donations can be made online or sent to Diane Dawson and she will pass them on), that would be appreciated.

Look for more fundraising events in the future.
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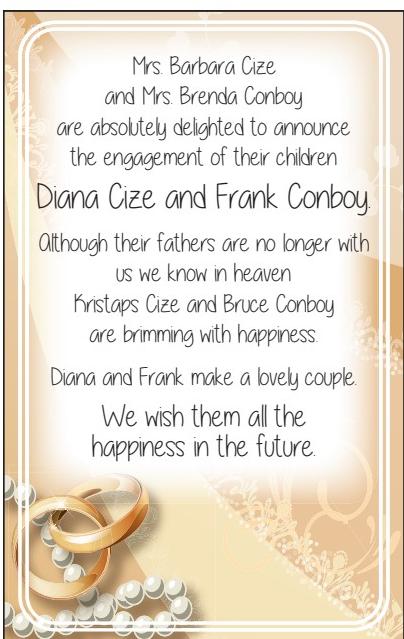
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560 ANNOUNCEMENTS



Point in Time
 Centre for Children, Youth and Parents

Point in Time Centre for Children, Youth and Parents will be hosting its Annual General Meeting on June 9, 2020 at 6:00pm. If you are interested in attending, please contact Dawn Milburn for further details (dawnm@pointintime.ca or 705-457-5345 ext. 338)

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In Loving Memory of
Margaret MacLean Brown
(nee Fleming)

Passed away peacefully at Hyland Crest Senior Citizens Home, Minden on Wednesday, May 6, 2020, at the age of 100.

Beloved wife of the late Claude Alexander Brown. Dear mother of Barb (Joe), Cameron, Laurie (Casey), David (deceased) and Greg (Cathy). Loving Nan to Kim, Kyle, Darrin, Sarah and Great Nan to Declan. Dear sister of Ian (deceased) and sister-in-law to Kit. Fondly remembered by her nieces, nephews, family and friends.

Cremation has taken place. A Celebration of Margaret's Life will be held at the Highland Hills United Church, Minden at a later date and time to be announced.

Memorial Donations to the Highland Hills United Church or to the Minden Health Care Auxiliary would be appreciated by the family and can be arranged through the Gordon A. Monk Funeral Home Ltd., P.O. Box 427, Minden, Ontario K0M 2K0

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Tuesday, May 23, 1989

Highlights**Kayak racers**

Hard work has paid off for the committee promoting this summer's World Cup whitewater races in Minden. They will be getting national media coverage.
Please see page 2.

Roads

The update of the needs study for Haliburton County roads was presented to council last week. Funding cutbacks are paving the way to bumpy roads.
Please see page 7.

Hurdler

HHSS Hurdler Darren Warburton shattered all records at the COSSA track meet last Thursday in Napanee. And, just to make sure, he did it twice.
Please see page 10.

My Mom

"My mom baits her own hooks" that's why she is the best mom, says one of the kids who entered the BIA Mothers Day contest.
Please see page 12.

So long

The Minden BIA has won the fight to push Derwyn Barry's chip truck out of the village core. Minden council refused to renew the license.
Please see page 12.

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Classified...pgs. 32-35

TV listings are included in This Week in the highlands for the summer.

Minden diamond will sparkle



The senior students at Archie Stouffer Elementary School hit a high note Thursday evening with their annual music night. The concert provided an opportunity for the students, individually and in groups, to demonstrate the musical talents acquired during the past year. Concentration shows in the faces of grade eight band members Corby Kent, left, and Danny Garbutt, indicative of the effort made by all performers.

Snowdon taxes will rise 17%

Snowdon Township residents are being slapped with a 17 per cent increase in their property taxes this year as a result of the new budget approved by council on May 15.

The overall tax hike is the result of a 29 per cent increase in the municipal levy, a 16.9 per cent increase in the education levy and a 4.6 per cent increase in the county levy.

The largest increase is in the roads budget, which is going up by \$23,473 this year for a 20 per cent increase. High percentage increases are seen in the budgets for fire protection (75 per cent) and environment (162 per cent).

The budget for general government is going up by three per cent.

Excluding the county and education levies, the municipality will be raising \$97,973 through taxation this year. That's an increase of 29.2 per cent over the previous year.

Part of this hike is due to a roll back in the funding from the province, says township clerk Ernie Hills. Last year the province covered more than 53 per cent of the municipal budget and this

Minden taxes jump 12.5 per cent.
see page 11.

year it's down to 48.15 per cent. This roll back forced the municipality to increase its revenue from taxation.

The increase in the budget for environmental services stems from the need to control access to the dumps. This is a directive from the Ministry of the Environment, which threatened to close the dumps if the township couldn't put a stop to all the fires.

The increase in costs is based on estimates to fence and provide manpower at the dumps. Other major costs in this area are for the creation of a recycling program to enhance the lifespan of the dumps.

The increased cost for fire protection is the result of a new agreement with Anson, Hindon and Minden Townships fire department that calls for an extra \$4,500 for the fire protection standby fee.

Council okays Minden Park

The first phase of the Minden Township Park plan will get underway this summer now that both provincial and municipal funding are in place.

While commenting on the new municipal budget last week, Reeve Ray Moore noted that council will be transferring the required \$78,173 from the parks reserve fund for use on this project.

Two weeks ago council received word that a provincial grant for the project had been approved. At that time, though, it was not clear whether the municipality would be able to come up with the matching funds required to receive the grant.

The project is being funded equally by the municipality and the province and is expected to cost almost \$160,000. It involves the creation of a new ball diamond, a playground, washrooms, a parking area and tree planting. The Minden Township Park Plan was updated in 1987 and Parks Manager Ivan Ingram submitted the grant application a year ago.

Ingram says he was surprised that the Ministry of Tourism approved the grant this year. He said that when he had not heard by the end of April, he figured the application had been turned down.

The new ball diamond will be built next to the present lower diamond behind the arena and curling club. The creation of the new ball diamond is expected to account for about half the cost of this phase of the park plan. It includes a backstop and fencing, lights and electrical, sod, magnetic bases, players benches and dugouts, three sets of bleachers and two scoreboards.

The children's playground, which will be located next to the two ball diamonds, will be a metal or wood prefabricated unit and is expected to cost about \$8,000.

The washroom facilities will be complete with showers. This 836-square-foot building will also include a storage area and control panels for the lighting at the ball diamonds. This building is expected to cost more than \$50,000.

A new parking lot will also be built as part of this project and there will be some tree planting done around the baseball fields.

The Minden Township Park masterplan has been in place since 1970. It was updated in 1978 and again in 1987. However, few of the recommendations have been implemented until now.

As another part of the park plan, the Parks Department has cleared the underbrush in the area east of the ball diamond, where 70 campsites will be located.

The second phase of this project is expected to be more costly than the first. It involves the creation of recreational trails in the southern half of the park.

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 • Deep clean 2-lake chain with Miskwabi Lake
 • Priced at \$129,900 \$199,900 and \$209,900
 • All with easy road access, 20 mins to Haliburton Village



Black Lake \$225,000
 • A classic boat access cottage
 • 2 bedrooms + loft for overflow
 • Screened room 3 pc bath



NEW LISTING
East Moore Lake \$799,000
 • Custom-crafted 4 season, under 2H from GTA
 • Open concept interior, sunroom & WO to deck
 • 3-bedroom, 2 bath, large second level loft
 • Extreme privacy, to 239' of deep clean shoreline



Moore Lake \$429,500
 • Turnkey, 3 season cottage under 2H from the GTA
 • Spacious open concept interior w/ 3 bedrooms
 • On a 3-lake chain W/ rippled sand shore & West Exp.



NEW LISTING
Industrial Park Rd \$1,350,000
 • 12,000 sq ft of mixed use industrial and commercial space
 • Sitting on a private 6.75 acre lot in Haliburton
 • Unlimited possibilities with this building!



Loop Road \$220,000
 • Food Truck and 1100+ sq.ft building with multiple uses.
 • Good location.



NEW LISTING
Minden Executive Home \$549,000
 • Bungalow w/finished walk-out lower level
 • 4 Bdrms, 2.5 baths, Cathedral Ceilings
 • On Beaver Creek, 2 acres.
 • Det'd Dbl Garage & Det'd Insulated, Heated Shop



Moore Lake \$589,000
 • Year round, 3 bedrooms and 2 baths
 • Fabulous hard sand waterfront
 • Includes garage and boathouse



NEW LISTING
Percy Lake \$675,000
 • Private beach on 2 sides of the property
 • Cottage features 1300+ sq ft on 1.49 Acres
 • 3 bedrooms, 2 baths, loft, full basement & more!

We are open for business! Our client's health remains our primary concern. Our REALTORS will be following certain protocols to ensure our clients safety. Contact us to learn more about our updated practices.

PROUDLY PART OF THE HALIBURTON HIGHLANDS COMMUNITY!

CENTURY 21® Granite Realty Group Ltd. BROKERAGE

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